



**1 IN 3 AMERICAN
ADULTS HAS
PREDIABETES
IT ONLY TAKES
1 PHARMACIST
TO MAKE A
DIFFERENCE
YOU CAN BE
THE DIFFERENCE**

Starting a Diabetes Prevention Program at Your Pharmacy

One in three American adults has prediabetes. Sedentary lifestyle brought on by the COVID-19 pandemic may be a contributing factor. If nothing is done, prediabetes can lead to heart disease, stroke, and type 2 diabetes. However, with lifestyle change, prediabetes can be stopped or slowed.

Lifestyle change programs offered through the National Diabetes Prevention Program (National DPP) are designed to help participants make lasting behavioral changes such as eating healthier, increasing physical activity, and improving skills to cope with stress. While community pharmacies are in an ideal position to deliver and expand the National DPP, there are a number of costs associated with participation and ultimately obtaining recognition.

NCPA, in collaboration with the **Association of Diabetes Care and Education Specialists (ADCES)** and **OmniSYS**, is excited to launch a new Centers for Disease Control and Prevention (CDC)-funded initiative to address some of the financial burdens associated with pharmacies obtaining recognition and allow more pharmacies to offer the National DPP to their patients. NCPA is currently recruiting 30 pharmacies to participate in the next phase of this project. These pharmacies will receive the following support:

- ADCES will provide the prerequisite lifestyle coach training approved by the CDC to select pharmacy staff who will deliver the National DPP to their patients.
- OmniSYS will make their platform available to participating pharmacies. The platform will facilitate intervention, documentation, and education for submission to the CDC to obtain preliminary recognition status.
- Financial incentive for achieving preliminary recognition.

Pharmacies interested in participating need to complete an online application now available on the NCPA website (ncpa.org/nationaldpp). Any questions should be directed to John Beckner at john.beckner@ncpa.org.

LEARN MORE AT
[NCPA.ORG/NATIONALDPP](https://ncpa.org/nationaldpp)





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