

# Skills Assessment Checklist

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- Arrange for another individual willing to have their finger pricked, throat swabbed, and nasopharynx swabbed on web camera during this time (can be another attendee).
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- BP cuff and scope or automatic blood pressure cuff

- At least 3 single-use lancets  
*(any single use lancet will do.  
Example on the right)*



- 5 2-pk sterile swabs

- Hand sanitizer

- Latex-free gloves

- Sharps disposal

- Trash can

- 3 Alcohol swabs

- 3 Bandages

- 3 Cotton balls

- Facial tissue

